

**SADBURY COURT 10K - 17 May 2009
PRIZE WINNERS**

	Name	Club	Time	Position
1st Male	Nigel Rackham	Metros	35:11	1
2nd Male	Peter Norris	Metros	35:44	2
3rd Male	David McNulty	London Front Runners	36:55	3
1st Female	Jennifer Bradley	Serpentine	43:46	25
2nd Female	Claudia Manera	Ealing Southall & Middlesex	44:22	29
3rd Female	Emily Mosedale	Victoria Park Harriers	45:51	36
1st Male Vet	Chris Bailey	Highgate	38:42	8
1st Female Vet	Jane Lee	David Lloyd Pacers	46:36	40